

The Insider

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Western Vocational Association Inc.

A word from Brian

Hi all, we are now entering the Winter months of the year, what happened to Summer and Autumn of 2015?

We are still working hard at maintain our support and assistance to our existing clients and are actively looking for new clients to assist.

If you know of anyone who is currently linked to Centrelink and are looking for assistance in either job seeking or employment support in their current jobs, please give them Jobs West phone number and my name.

Succeeding in the Job

The following information is some of the helpful tips that Job Access Australia have to help you succeed in your job.

'Develop good work habits:

- arrive on time
- inform your supervisor if you will be late or absent from work
- wear clothing appropriate to your workplace
- work diligently and conduct personal business on breaks or outside work
- work safely and in accord with workplace policies and procedures.'

'Developing good work relationships will help you do your job well and enjoy a positive work environment. Develop rapport with your work team by listening carefully, seeking to learn from others and keeping a positive attitude. Be willing to volunteer to help your co-workers when needed and take on the less popular tasks. Own up to any mistakes you make and ask for help when you need it.'

'Most supervisors want you to succeed in your job. Clear and open communication with your supervisor will help you understand what is expected of you in your job. Ask for regular feedback on your work performance and, if necessary, review your work practices to ensure you are able to perform your job effectively.'

'If you think you are at risk of losing your job because of your disability, injury or health condition you may be able to access Job in Jeopardy assistance from a Disability Employment Service. Disability Employment Service providers will assist you to manage your disability, injury or health condition so that you can keep your employment with your existing employer. Job in Jeopardy assistance can also include job redesign, training, purchasing special equipment, modifying the workplace and helping your employer. You may approach a local Disability Employment Service provider to get help. You do not need to be registered or referred by Centrelink. '
<http://www.jobaccess.gov.au/content/succeeding-job>

Jobs West would like to thank the following companies for their support:

McDonalds- Sydenham

Trinity Garden Aged Care (Estia Health) - Melton South

Woolworths- Watergardens

KFC - Elizabeth St

Laverton Motor Wreckers - Laverton North

JetPort Security Parking- Tullamarine

KFC -Keilor Downs

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Western Vocational Association Inc./Jobs West

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MARK



Mark in front of McDonalds holding his 5 years service award!

Mark has been working for McDonalds Sydenham since December 2009 and enjoys his casual work as an attendant in the dining rooms; he is friendly and likes to help where he can. Occasionally, Mark will take the ready meals out to the customers waiting in the car park. Mark must make sure he adheres to all of McDonalds Occupational Health and Safety procedures whilst completing his duties of wiping down benches and collecting trays, sweeping and mopping the floors and cleaning the toilets.

As Mark has been employed by McDonalds Sydenham for the last 5 years, they have awarded him a 5 year service award. In conjunction with his award, Mark received a pen to mark the occasion.

Mark is currently a full time student at Victoria University studying Certificate I in General Education for Adults. Between his work and his studies, Mark likes to socialise on Friday nights, he attends a social group through his local church.

Jobs West would like congratulate and applaud Mark on his dedication to work that has earned him his 5 year service award. Jobs West also sincerely thank McDonalds Sydenham for their continued support of Mark for the last 5 years and also other Jobs West clients.

iCare:

iCare are an organisation that can assist individuals in the autistic spectrum and their families by providing support groups. iCare Special Needs Group Inc. is the only all-inclusive disability support group in the Eastern Growth Corridor of the Melton City Council Municipality. You can phone Pepsi, the president of iCare on 0434 140 620 or the general iCare contact number 0499 429 969.

iCARE MISSION STATEMENT

iCare Special Needs Group Inc. is dedicated to the inclusion and equality of children/young adults with disabilities and their families throughout the broader community by connecting people, enriching lives and empowering children and families to achieve lifelong successes by building community capacity, advocating for individuals with disabilities and their families. Members have access to peer support, literature, internet access, carers' workshops, guest speakers and respite activities.



Above is one side of iCare's business card which has their Mission Statement.

DISABILITY SERVICE STANDARDS

Standard 1: Rights

You have the right to be treated fairly when you use disability services.



Standard 2: Participation and Inclusion

You can take part in the community and feel included when you use disability services.



Disability related events coming up next month

List of Disability related events for June 2015

<http://www.and.org.au/pages/disability-related-events-calendar-2015.html>

1-7 - Thyroid Awareness Week- [Australian Thyroid Foundation](#)

15-21 - International Men's Health Week - [Men's Health Information and Resource Centre](#)

14 - City Mile Dash - [Cancer Council NSW](#)

21 - MND (Motor Neurone Disease) Global Day - [MND Australia](#)

26 - Red Nose Day - [SIDS and Kids](#)

29 - World Scleroderma Day - [Scleroderma Australia](#)

Pop - Up Brimbank Men's Shed

During next month from the 15th to the 21st of June is international Men's Health Week. The Westvale Community Centre already held one event this month on May 28, and will be holding two other Men shed activity days on **Thursday 18th of June** and **Thursday the 25th of June** from 10am to 1pm as part of Brimbanks Men's Health Day 2015 (Thursday 18 June). 'Take part and have fun in outdoor activities, cooking workshops, working with tools workshops, trivia or card games or sit around the fire pit, have a chat and enjoy a barbecue.'

Westvale Community Centre is at **45 Kings Road, St Albans.**

For further details contact: Matt: 0488 193 105, Anthony: 9351 3600 or

Fernanda: 9249 4665. *The program is a partnership between Council, Uniting Care Lentara and Melton - Brimbank Men's Health Network Inc.*

The information above has been collected from a Brimbank City Council flyer regarding these events.

Tech Dynamics

Tech Dynamics are a mobile computer repair business located in Taylors Hill that offer service to the western suburbs and beyond. They offer Onsite computer services, Custom Built Systems, Network mass storage solutions, Network planning, installation & support, Notebook repairs & sales, Computer upgrades, Data Recovery and Virus removal and prevention.

Tech Dynamics is willing to offer a discount to anyone that is a client of Jobs West.

Phone: 0434 140 620 for inquires or visit their website for more details.

<http://techdynamics.com.au>