

## The Insider

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Western Vocational Association Inc.

## A Word from Brian

Hi all, I hope things are looking up for you at the moment. I would like to thank all the clients, their parents and their carers who voluntary took part in our latest '6 Disability Service Standards Audit' in September. Both of the Auditors thought that the feedback they received from our clients, was positive and very supportive of Jobs West staff and how they go about their job in assisting clients. We are coming to the end of the year, but I hope to have another Newsletter out prior to Christmas. If you have anything you would like to say or something you would like to see in the Newsletters, just tell your Employment Consultant the next time you see them.

## Why Work

'People with disability have education and skills which can increase Australia's economic growth.

There are many very successful people with disability already working in Australian industry.

Many more people with disability want to work. Many employers are seeking new workers.

Having a job has lots of positive results for people with disability, including:

- increased standard of living
- improved health
- increased skills and knowledge
- increased confidence and self-esteem
- increased independence'

<http://www.jobaccess.gov.au/disability-work/why-work>

**Jobs West would like to thank the following companies for their support:**

**Trinity Garden Aged Care (Estia Health) - Melton South**

**Metropol Hotel - Whiteman St, Melbourne**

**Paul's Warehouse - Sunshine**

**Autobarn - Melton**

**Palm Place Nursery - Greenvale**

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## Karla



Above: The Estia Health Melton South Sign



Above: Karla (middle) in the kitchen with her team members.

Karla is currently working for Estia Health, Melton South. Estia Health are a leading Aged Care Provider. Karla began working for Estia Health in mid August 2014 and has made great progress whilst working for them. When Karla first started her job, she was working 8 hours a week, doing the dishes and setting up the dining room. Now, Karla is working 15 hours a week, almost double from when she first started. As Karla's work hours have increased, so have her work duties. In the kitchen, not only is Karla washing the dishes but she is now also making desserts and cutting up the vegetables. Outside of the kitchen, Karla continues to prepare the dining room table however, in addition to this she now also serves the drinks and lunches to the residents and unloads the stock that comes in.

Outside of work, for the last 6 months, Karla has been taking driving lessons with a driving instructor as she soon hopes to gain her drivers licence. Karla will be going for her hazards in the next few weeks.

Jobs West would like to congratulate Karla on the enormous achievement in her work productivity since working for Estia Health, Melton South.

Jobs West would also like to sincerely thank Estia Health, Melton South for providing support and assistance to Karla at work and for teaching her about providing a quality service in a leading Aged Care Facility.



Above: Karla preparing plates



Above: Karla setting the dining room

## DSP Myki

Good news for all Disability Support Pension (DSP) recipient clients.

Pensioner Concession Card holders from Victoria who are receiving the DSP, are able to travel free on Public Transport on Weekends, **ONLY** by getting a free DSP Myki Card at your nearest train station.

When purchasing the DSP Myki card you must make sure you that present your current DSP Card that Centrelink have issued to you.

For more detailed information relating to this particular Myki card, please visit the link bellow.

<http://ptv.vic.gov.au/tickets/free-travel-passes/free-weekend-travel/>

## Basic Jobs Only

'Employers may have a misconception that people with disability can only work in simple or base grade jobs. This is not the case as people with disability work across occupations, including in apprenticeships and traineeships, and at all levels of competency:

- 19 per cent of employees with disability work in professional occupations
- 15 per cent of employees with disability are clerical sales and administrative workers

15 per cent of employees with disability are technicians and trade workers (Australian Bureau of Statistics 2009).'

<http://www.jobaccess.gov.au/disability-work/myths-about-disability>

## DISABILITY SERVICE STANDARDS

### Standard 1: Rights

You have the right to be treated fairly when you use disability services.



### Standard 2: Participation and Inclusion

You can take part in the community and feel included when you use disability services.



## Disability related events this month

### List of Disability related events for November

<http://www.and.org.au/pages/disability-related-events-calendar-2015.html>

1st-30st - Movember- **Movember Foundation**

1st-30st - Lung Health Awareness Month - **The Australian Lung Foundation**

8th-15th - Spinal Cord Injury Awareness Week - **Independence Australia**

9th-15th - National Psychology Week - **The Australian Psychological Society**

14th - World Diabetes Day - **Diabetes Australia**

15th - White Cane Day - **Vision Australia**

22nd-28th - Assistance Dogs Australia Awareness Week - **Assistance Dogs Australia**

## Emergency Relief in Brimbank 2015

(For Valid Centrelink concession/Pension card holders)

**Anglicare St Albans - Provides Food Vouchers**

Working hours: The 3rd Monday of the Month 9:30am-12:45pm

Address: Cnr Alexia St & East Esplanade, St Albans 3021

Contact: 0408 316 414

Note: Only available to people living in the Postcodes 3021 or 3023

## Useful Web Links for Job Seekers

- [www.seek.com.au](http://www.seek.com.au)
- <http://www.careerone.com.au/>
- [www.mycareer.com.au](http://www.mycareer.com.au)
- <http://au.indeed.com/>

